Beyond Consequences
Trauma-Informed Parenting Model

A LOVE-BASED APPROACH to HELPING CHILDREN WITH SEVERE BEHAVIORS

IS THIS TRAINING SERIES FOR YOU?

Based on the parenting model developed by Heather Forbes, LCSW, in her best-selling book, *Beyond Consequences, Logic and Control*, this parenting course, taught by Sue Plowman, “invites parents and caregivers to step into our child’s internal world, and demonstrates how to respond to them with love.” Designed to assist parents of children who have experienced trauma and loss, this scientifically-based model relies on helping the child become self-regulated and more cooperative.

“Parenting a child with a traumatic history is about learning to interpret the child’s reactions to past experiences from a place of compassion, understanding and love.” – Heather Forbes, LCSW.

This opportunity can fundamentally change your relationship with your troubled child. A ground-breaking approach to parenting, Heather Forbes’ model has helped many families raising children with trauma histories find stability and healing. You can take your family from a place of drama and chaos to a place of healing and peace.

Sue Plowman, M.S., is a clinician and a certified Beyond Consequences trainer. Sue specializes in providing individual and group services in a safe, non-judgmental, warm and supportive setting to families and individuals whose lives have been touched by foster care, kinship care and adoption.

This program is being offered as a series of 5 classes, each running 3 hours. Classes run for 5 consecutive weeks, once a week.

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**TESTIMONIALS**

- Thank you – this is now the beginning of a great relationship - parent to child and an optimistic future replacing resignation and defeat.

- The program has turned my thoughts and actions to better regulate myself before defusing issues.

- An eye-opener... I would recommend this to anyone.

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**LEARN TO UNDERSTAND THE BASIS OF BEHAVIORS**

- Hostility and anger
- Lying
- Stealing
- Hoarding and gorging
- Aggression
- Defiance
- Poor Social Skills
- Demanding
- Self-Injury
- Defensive Attitude

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**Questions?** Call Sue at (475) 235-2184 or visit our website: AnnieC.org

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Annie C. Courtney Foundation, Inc.
For Every Generation a Safe, Supportive Community

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