Registration Form

CONFERENCE FEE: $100.00

Name: ______________________________________
Credentials: ________________________________
Company: ___________________________________
Address: ___________________________________

Daytime Phone: _____________________________
Email: _____________________________________

Session 1:
1st Session Choice
_________________________________________
2nd Session Choice
_________________________________________

Session 2:
1st Session Choice
_________________________________________
2nd Session Choice
_________________________________________

Checks can be made payable to:
Newport Academy

Please submit payment & registration form to:
Newport Academy
Attention: John Hanson
64 Double Hill Rd.
Bethlehem, CT 06751

For questions, please call: (860) 227-3316
To register online, please visit:
https://trauma-resilence-recovery.eventbrite.com
Program Schedule

8:00–8:30
Coffee, Registration, Exhibits

9:00–9:15
Welcome and Introductions
Jamison Monroe, Founder, Newport Academy

9:15–10:15
Keynote: Choosing Hope: Overcoming Your Own Darkest Hours
Kaitlin Roig-DeBellis, MA

10:15–10:30
Coffee Break, Exhibits

10:30–11:30
Healing with an Open Mind: Somatic Integrated Modalities for Trauma Recovery
Megan Ross, LPC, Timberline Knolls

11:30–12:30
Lunch, Vendor Presentations, NAMI Art Exhibit

1:30–1:45
Exhibits

1:45–2:45
Concurrent Sessions
1. Recovery High Schools: Why They Are a Necessary Part of the Continuum of Care
   Jamison Monroe, Founder, Newport Academy

2. A Mother’s Story of Family Recovery: Ten Principles of Recovery
   Ann Nelson, RN, Family Research Coordinator, NAMI of Connecticut, Mental Health Advocate

3. Healing the Heart: Expressive Arts Psychotherapy
   Carolyn Kelly Winter, MA, Danbury Hospital, Insight Counseling, LLC

4. Avoid, Avoid, Avoid: The Link Between Trauma and Compulsivity
   Andy Buccaro, LCSW, LADC, Executive Director, Project Courage

3:00–4:00
Theatre Production: Beneath My Father’s Sky
Written and Performed by Zara Phillips

Newport Academy Conference on Trauma, Resilience and Recovery

Wednesday, November 12, 2014
UConn Stamford

Trauma has often been defined as loss beyond the parameters of typical human experience, such as sexual and physical abuse, living through natural disasters, violence, war and multiple losses over time. Research demonstrates that individuals vary with regard to how profoundly they experience neurological and emotional impacts of traumatic events.

The field of addictions treatment recognizes that addressing clients’ personal trauma experience may be the key to long lasting recovery and healing.

Please join your colleagues in a day of training about treating the effects of trauma and to learn experiential methods that can make a significant impact on clients’ suffering and recovery.

A special keynote presentation by Kaitlyn Roig-DeBellis, former Sandy Hook Elementary School teacher, founder of Classes4Classes and Glamour Magazine “Woman of the Year,” will open the day with a message of courage, hope and recovery.

Zara Phillips, recording artist, author, actress and adoption/recovery advocate will close the event with a touching performance of her one-woman play, “Beneath My Father’s Sky.” Using music, storytelling, comedy and drama Zara will take us on a dream-like journey that brings us face to face with the biological father she’s always longed to know and the sister who was never born.

The Newport Academy program is unique in that it utilizes a highly individualized, holistic approach to treatment where psychological, biological, spiritual, social and educational needs are consistently addressed throughout the treatment process.